



Sierra County Health and Human Services

Social Services
P.O. Box 1019
Loyalton, CA 96118
202 Front Street
(530) 993-6720
Fax (530) 993-6767
Vickie Clark- Director

Public Health
P.O. Box 7
Loyalton, CA 96118
202 Front Street
(530) 993-6700
Fax (530) 993-6790
Vickie Clark- Director

Behavioral Health
P.O. Box 265
Loyalton, CA 96118
704 Mill Street
(530) 993-6746
Fax (530) 993-6759
Lea Salas- Director
Kathryn Hill- Clinical Director

**Human Services
Satellite Office**
P.O. Box 38
Downieville, CA 95936
22 Maiden Lane
(530) 289-3711
Fax (530) 289-3716

PRESS RELEASE Reminders and Updates

Vaccinations:

April 15, 2021, Vaccinations are open for individuals age 16-18. Vaccinations were made available to those age 50+ on April 1, 2021.

At this time Sierra County Public Health does not have vaccination appointments available for residents aged 16-18. However, we are negotiating and strategizing to meet this need. Clinics are available in the surrounding counties through My Turn (see info and link below).

All Californian's can register to receive updates about new vaccine appointments and locations available in their area by visiting: [My Turn – California COVID-19 Vaccine Scheduling & Notifications](#)

*Please note: Individuals between the age of 16 -18 are required to be accompanied by a parent or guardian or provide a signed consent form from their parent or guardian.

Businesses:

As a reminder for those businesses who are gearing up for the season:

Cal OSHA Guidance "Emergency Regulations to Protect Workers from COVID-19" is still in effect and applies to most workers in California not covered by Cal/OSHA's Aerosol Transmissible Diseases standard. Please be aware that Cal/OSHA requirements outrank those of CDPH for many employers as they are intended to protect members of the California public during the hours they work. Some of the regulations include providing masks, testing when there is an outbreak in conjunction with notification of the health department and accurate recordkeeping and reporting of COVID-19 cases. Quarantine requirements also differ from those of the California Department of Public Health (CDPH). For more specific information about these requirements visit the Department of Industrial Relations (DIR) at: [California Code of Regulations Subchapter 7. General Industry Safety Orders Section 3205. COVID-19 Prevention.](#)

Cal/OSHA information and requirements can be found at: [Cal/OSHA Emergency Regulations to Protect Workers from COVID-19 in Effect.](#)

For employers and workers who have questions or need assistance with workplace health and safety programs, please call Cal/OSHA's Consultation Services Branch at 800-963-9424.

Travel:

People who have been fully vaccinated with an FDA-authorized vaccine can travel safely within the United States. Fully vaccinated travelers should still wear a mask (required on planes, buses, trains, etc.) socially distance and wash their hand or use hand sanitizer often.

Both CDC and CDPH recommend delaying travel until you are fully vaccinated.

For more information about domestic travel visit [Domestic Travel During COVID-19](#)

CDC and CDPH recommendations for international travel can be found by visiting: [International Travel During COVID-19](#)

For more information, please go to: <http://sierracounty.ca.gov/COVID-19>

Email: COVID19@sierracounty.ca.gov

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California Department of Public Health (CDPH) Travel					
Recommends delayed travel until you are fully vaccinated					
Follow CDC guidance for arriving in or returning to CA from other states or countries.					
Non-essential travelers are strongly discouraged from entering CA					
CDC <u>International</u> Travel		Not Vaccinated	Fully Vaccinated	CDC <u>Domestic</u> Travel	
Recommends delayed travel until you are fully vaccinated			Recommends delayed travel until you are fully vaccinated		
Check destination requirements			Check destination requirements		
Get tested 1-3 days before traveling out of the US	✓		Get tested 1-3 days before traveling out of the US	✓	
Mandatory test required before flying to US with negative result	✓	✓	Mandatory test required before flying to US with negative result	Not applicable	Not applicable
Get tested 3-5 days after travel	✓	✓	Get tested 3-5 days after travel	✓	
Self-quarantine after travel for 7 days with a negative test or 10 days without a test	✓		Self-quarantine after travel for 7 days with a negative test or 10 days without a test	✓	
Self-monitor for symptoms; isolate and get tested if you develop symptoms	✓	✓	Self-monitor for symptoms; isolate and get tested if you develop symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓	Wear a mask and take other precautions during travel	✓	✓