

# **Sierra County Behavioral Health Provider Directory**

## **Sierra County Behavioral Health**

NPI: 1114145752

704 Mill Street

PO Box 265

Loyalton, CA 96118

(530)993-6747 Phone

(888)840-8418 24/7 Toll Free Access Line

(877)757-0029 Sierra County Crisis Line

<http://www.sierracounty.ca.gov/181/Behavioral-Health>

**Office Hours:** Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

**Language:** Translation services are available upon request at no charge to the beneficiary for preferred languages. Spanish Interpreter available on request. Telelanguage available.

**Public Transportation:** Sierra County does not have public transportation. However, the Loyalton Senior Center does have shuttle service available for a fee. Please call (530) 993-4770 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

### **Accepting New Beneficiaries**

**ADA Accessible**

### **Providers available at this site:**

#### **Thomas Bittker, MD**

Psychiatrist Service

NPI: 1861424988

License: C30013

Ages seen: 12 years to 99 years

Treatment Specialties: Board certified, forensic and clinical psychiatry

Cultural Specialties: None

Cultural Competency Training: Yes

**Darin Gould, M.D.**

Psychiatrist Service

NPI: 1376718023

License: C161437

Ages Seen: 5 years to 99 years

Treatment Specialties: Board certified

Cultural Specialties: None

Cultural Competency Trainings: Yes

**Oliver Ocskay, Ph.D.**

Psychologist Service

NPI: 1134140882

License: PSY6480

Ages Seen: 18 years to 99 years

Treatment Specialties: Attachment disorders, court assessments, depression, anxiety, trauma, domestic violence, dual diagnosis, personality disorders, chronic severe and persistent mental illness, behavior modification, CBT, PTSD, Awareness practices

Cultural Specialties: None

Cultural Competency Trainings: Yes

**Mary Lowe, LMFT**

Licensed Marriage and Family Therapist

NPI: 1063534865

License: MFC36473

Ages Seen: 3 years to 99 years

Treatment Specialties: Play therapy, severely emotionally disturbed youth, children, adolescents, adults, dual diagnosis, attachment disorders, depression, anxiety, trauma, domestic violence, Child Protective Services, SUD

Cultural Specialties: LGBTQ

Cultural Competency Trainings: yes

**JoAnn Perry, MA, Associate MFT**

Associate Marriage and Family Therapist

NPI: 1992214597

Associate License: 101483

Ages Seen: 3 years to 99 years

Treatment Specialties: None

Cultural Specialties: None

Cultural Competency Trainings: yes

**Kathryn Hill, LMFT**

Licensed Marriage and Family Therapist

NPI: 1336443852

License: MFC25653

Ages Seen: 12 years to 99 years

Treatment Specialties: Bereavement, grief, depression, anxiety, trauma, EDMR, Hospice: end of life issues, sexual abuse treatment-victim, PTSD, family therapy, EDMR, CBT, somatics and awareness practices, Substance Use Disorders

Cultural Specialties: LGBTQ

Cultural Competency Trainings: Yes

**Robert Szopa. CADC II**

Certified Alcohol and Drug Counselor

NPI: 1457612996

Certification: A052400218

Ages Seen: 12 years to 99 years

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

## **Sierra County Behavioral Health**

NPI: 1114145752

22 Maiden Lane

PO Box 38

Downieville, CA 95936

(530)289-3711 Phone

(888)840-8418 24/7 Toll Free Access Line

(877)757-0029 Sierra County Crisis Line

<http://www.sierracounty.ca.gov/181/Behavioral-Health>

**Office Hours:** Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

**Language:** Translation services are available upon request at no charge to the beneficiary for preferred languages. Spanish Interpreter available on request. Telelanguage available.

**Public Transportation:** Sierra County does not have public transportation. However, Golden Rays does have shuttle service available for a fee. Please call (530) 798-8555 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

### **Accepting New Beneficiaries**

#### **ADA Accessible**

### **Providers available at this site:**

#### **Thomas Bittker, MD**

Psychiatrist Service

NPI: 1861424988

License: C30013

Ages seen: 12 years to 99 years

Treatment Specialties: Board certified, forensic and clinical psychiatry

Cultural Specialties: None

Cultural Competency Training: Yes

#### **Darin Gould, M.D.**

Psychiatrist Service

NPI: 1376718023

License: C161437

Ages Seen: 5 years to 99 years

Treatment Specialties: Board Certified

Cultural Specialties: None

Cultural Competency Trainings: Yes

**Barbara Coffman, LMFT**

Licensed Marriage and Family Therapist

NPI: 1740420777

License: 33434

Ages Seen: 13 years to 99 years

Treatment Specialties: Childhood abuse recovery, with specific training in sexual abuse recovery, Trauma, PTSD, Victims of Crime

Cultural Specialties: Has worked with many different cultures and ethnic groups but no special training in any one culture

Cultural Competency Trainings: Yes

**JoAnn Perry, MA, Associate MFT**

Associate Marriage and Family Therapist

NPI: 1992214597

Associate License: 101483

Ages Seen: 3 years to 99 years

Treatment Specialties: None

Cultural Specialties: None

Cultural Competency Trainings: yes

**Robert Szopa. CADC II**

Certified Alcohol and Drug Counselor

NPI: 1457612996

Certification: A052400218

Ages Seen: 12 years to 99 years

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

Services may be delivered by an individual provider, or a team of providers, who is working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, waived, or registered mental health providers and licensed substance use disorder services providers are listed on the Plan's provider directory.

# *"Language Assistance"*

## **LANGUAGE ASSISTANCE**

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### **English**

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-840-8418 (TTY: 711).

ATTENTION: Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request. Call 1-888-840-8418. (TTY: 711)

### **Español (Spanish)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **Tiếng Việt (Vietnamese)**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **Tagalog (Tagalog– Filipino)**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

## 한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). 번으로 전화해 주십시오.

## 繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100])。

## 日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).まで、お電話にてご連絡ください。

**Hmoob (Hmong)** LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

## ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **ខ្មែរ (Cambodian)**

ប្រយ័ត្ន៖ វេ រើសិនជាអ្នកនិយាយ ភាសាខ្មែរ ,  
រសវាជំនួយមននកភាសា រោយមិនគិតថ្លៃ  
គឺអាចមានសំរាប់ វេ រើអ្នក។ ចូ ទូ ស័ព្ទ [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).។

### **ພາສາລາວ (Lao)**

ໂບດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ,  
ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ,  
ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **Հայերեն (Armenian)**

ՈՒՇԱՂԴՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ  
անվճար կարող են տրամադրվել լեզվական  
աջակցություն ծառայություններ: Չանգահարեք [1-530-993-6747 / 1-888-840-8418] (TTY (հեռատիպ)՝ [711 / 1-800-855-7100]).

### **Русский (Russian)**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам  
доступны бесплатные услуги перевода. Звоните [1-530-993-6747 / 1-888-840-8418] (телетайп: (TTY: [711 / 1-800-855-7100]).



## ی فارسی (Farsi)

ی زبان لاتیتسه، دیکن یم گفتگو ی فارسی زبان به اگر: توجه  
شما ی براگان یرا بصورت  
[1-530-993-6747 / 1-888-840-8418] (TTY:  
[711 / 1-800-855-7100]). دی ری بگ تماس.

## ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਧਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬ ਬੋਲਿ ਰੋ, ਤਾੀਂ ਭਾਸ਼ਾ ਧ ਿੱਚ  
ਸਹਾਇਤਾ ਸੇ ਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਿ ਹੈ। [1-530-993-6747 / 1-  
888-840-8418] (TTY: [711 / 1-800-855-7100]). 'ਤੇ ਕਾਲ ਕਰੋ।

## العربية (Arabic)

اللغوية المساعدة خدمات فإن، اللغة اذكر تتحدث كنت إذا: ملحوظة  
[1-530-993-6747 / 1-888-  
840-8418] برقم اتصل. بالمجان لك تتوافر  
(TTY: [711 / 1-800-855-7100]). والىكم الصم هاتف رقم

हिंदी (Hindi) ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त  
में भाषा सहायता सेवाएं उपलब्ध हैं। [1-530-993-6747 / 1-888-  
840-8418] (TTY: [711 / 1-800-855-7100]). पर कॉल करें।