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# Sierra County Behavioral Health

Sheryll Prinz-McMillan, Director  
Robert Szopa, Assistant Director – Administration



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## Behavioral Health/Substance Use Disorder

704 Mill Street  
P.O. Box 265  
Loyalton, California 96118  
Phone: (530) 993-6746 Fax: (530) 993-6759

## Sierra County Behavioral Health Advisory Board

**January 8, 2026**

**Regular Meeting  
9:30 – 11:00 a.m.**

**In-Person Meeting  
Sierra County Wellness Center  
706 Mill Street  
Loyalton, CA 96118**

**Video Conferencing Available:  
Sierra County Behavioral Health Department  
22 Maiden Lane  
Downieville, CA 95936**

**The Public may observe and provide public comments by using the Teams option below.**

**By Phone: 1-323-892-2486**

**Access Code: 755 824 045#**

**By PC: [Click Here](#)**

## Minutes

- 1. Welcome and Introductions –**
- 2. Opening of the Behavioral Health Advisory Board Meeting**
  - a. The Board moved to approve the Regular Agenda.**
  - b. Approval of Minutes – December 19, 2025, Behavioral Health Advisory Board Meeting.**

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The Sierra County Behavioral Health Advisory Board, in partnership with the Board of Supervisors, advocates for responsive services, within the Behavioral Health System, that are easily accessible, person and family centered, strength-based, recovery and wellness oriented, culturally competent and cost effective. The Sierra County Behavioral Health Advisory Board provides the voice of informed perspectives on planning, policies and procedures that impact the recovery, resiliency and rights of the persons served, along with family members. The Sierra County Behavioral Health Advisory Board involves and educates the residents of Sierra County.

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- c. Public Comment: The public has an opportunity at this time to comment on any item not printed for discussion or action on this agenda.
3. **Mental Health Plan Topics**
    - a. Department Updates
    - b. New Board members
  4. **Cultural Awareness Topic**
    - a. New plan submitted to the State of California.
  5. **Substance Use Disorder Topics**
    - a. Department Updates
  6. **Quality Assurance/Improvement and Compliance**
    - a. Updates and discussion
      - i. Brown Act training – By-Law Overview - schedule
  7. **Budget/Finance**
    - a. Updates and discussion
  8. **Mental Health Services Act (MHSA)**
    - a. Department Updates
      - i. MHSA Yearly Update
      - ii. BNSA Update
        - 1. Community Planning Participation CPP
  9. **Adjournment**

## **NOTICE:**

Accommodations for individuals with a disability, as required by Section 202 of the Americans with Disabilities Act of 1990 and the Federal Rules and Regulations adopted in implementation thereof, can be made with the Clerk of the Board and CA Relay Services 711 prior to the meeting. Shanna Kuhlemier may be reached at 530-993-6717.

# Sierra County Behavioral Health Mental Health/Substance Use Disorder

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Loyalton, California 96118  
Phone: (530) 993-6746 Fax: (530) 993-6759

**Sheryll Prinz-McMillan- Director**  
**Robert Szopa-Substance Use Disorder Program Manager**  
**Christopher Fellini, MHSa Program Coordinator**

## Sierra County Behavioral Health Advisory Board Meeting Minutes

Contact: Sheryll Prinz-McMillan Phone: 530-993-6746 Email: [sprinzmcmillan@sierracounty.ca.gov](mailto:sprinzmcmillan@sierracounty.ca.gov)

**DATE: December 19, 2025**

<b>Board Members Present:</b>	Sara Wright-Chair Rebecca Kinkead Terry LeBlanc		<b>Board Members Absent:</b>	
<b>Community Members Present:</b>		Deborah Guzman, Linda Diltz, Adam Gilbert		
<b>Behavioral Health Staff Present:</b>		Sheryll Prinz-McMillan, Behavioral Health Director Robert Szopa, Assistant Director via TEAMS Christopher Fellini, Behavioral Health Coordinator Shanna Kuhlemeier, QA/QI-Contract Manager Monique Koch, Behavioral Health Office Manager Carey Russell, Veteran’s Service Officer Michelle Anderson, Health Assistant via TEAMS		
<b>Stakeholders Present:</b>		Charles Henson, Sierra County Probation Scott Quade, Sierra County Probation Candy Corcoran-High Sierra Family Resource Center		

Item No.	Topic	Action	Discussion
1.	<b>Welcome and Introductions</b>	All were welcomed and introduced.	
1.a.	<b>Public Comment</b>	None	
2.	<b>Opening of Behavioral Health Advisory Board Meeting</b>	No quorum, meeting was not commenced.	
2.a.	<b>Approval of Agenda</b>	The Agenda was approved as presented.	
2.b.	<b>Approval of Minutes</b>	The minutes from 10-16-2025 were approved as submitted.	
3.	<b>Mental Health Services Act</b>		
3.1.	<b>Discussion for filling of vacant BHAB members</b>	The Board acknowledged two current vacancies. One formal resignation had been submitted by Deborah Guzman. Bryan Funk is considered to have resigned per by-laws due to missing five meetings. Information was shared to interested parties how to apply for membership.	
3.2	<b>MHSSA Budget modification and FRC contract approval Requested Action: Vote to</b>	Christopher advised this funding is provided to work in collaboration with schools, utilizing the schools as a conduit for providing services. They have been identifying how the funding is used and what needs are not	

	<b>approve the MHSSA budget modifications for remaining grant years as presented and recommend forwarding to the Board of Supervisors for final approval.</b>	being met. He shared his worksheet which provided detailed budget information. The recommendation is to modify the budget, directing the surplus of \$150,000 be allocated to High Sierras Family Resource Center. Becky moved to approve the budget as modified as well as any necessary as presented, and to forward to the Board of Supervisors for final approval, Terry seconded. Sheryll abstained due to a familial conflict of interest. Motion passed.
<b>3.3</b>	<b>Contract proposal Requested Action: Authorize Sierra County Behavioral Health to proceed with a contract with High Sierras Family Resource Center for school-based Wellness Centers and SWAY programming</b>	The request is for approval to prepare a draft contract with High Sierras Family Resource Center to establish a partnership between that agency, Behavioral Health, and Sierra-Plumas Joint Unified School District. As outlined in the proposal, \$75,000 would be allotted each school year. Christopher shared the state liked the strategy as well as the draft proposal. Becky moved to proceed with development of a contract, Terry seconded. Motion passed.
<b>3.4</b>	<b>MHSA financials and FY 25/26 MHS Ops budget Requested Action: Acknowledge receipt and review of the MHSA Internal Audit Summary and recommend vote approval of the FY 2025-2026 Budget</b>	Christopher shared his spreadsheet and informed those present that He had gone through ten years of financials over the past three months. Due to our numbers differing from that of the state, an audit of the financials was performed with the assistance and input of the current and former auditor and various staff. The state's number indicated a higher amount than what we showed. The audit initiated utilizing the numbers of what the state sent us, and what we actually spent. What was discovered was that money was spent that should have been billed to other grants but was taken from MHSA budget; we reported expenditures higher than what they actually were. His final numbers are what will be utilized going forward. Becky moved to accept the internal audit summary as presented, Terry seconded.
<b>4</b>	<b>New Business</b>	None
<b>5.</b>	<b>Adjournment</b>	Meeting was adjourned at 10:35am

Meeting minutes respectfully submitted by Michelle Anderson, Health Assistant III.