

Sierra County Human Services



Darden Bynum, LSCW
Director

Mental Health/Drug/Alcohol Services

P.O. Box 265
704 Mill Street
Loyalton, California 96118
Phone: (530) 993-6746 Fax: (530) 993-6759

Sierra County

Special Mental Health Advisory Board Meeting

Contact: Laurie Marsh Phone: 530-993-6745 Email: lmarsh@sierracounty.ca.gov

May 26, 2016

9:00 am to 10:00 am

Family Resource Center

315 Main Street

Loyalton, California 96118

Minutes

Board Members Present: Becky Kinkead, Scott Schlefstein, Sara Wright

Mental Health Staff Members Present: Laurie Marsh-Behavioral Health Coordinator

Stakeholders Present: Tammy Muldoon-Family Resource Center Director

Community Members Present: None

1. **Welcome and Introductions** – Meeting started at 9:05 am.
2. **Approval of Agenda** – May 26, 2016 agenda approved by consensus.
3. **Approval of Regular Minutes** – Tabled
4. **Mental Health Services Act Topics**
 - a. **Old Business - None**
 - b. **New Business**
 - i. **Action Item: Approval of Prudent Reserve Transfer**

The Sierra County Mental Health Advisory Board, in partnership with the Board of Supervisors, advocates for responsive services, within the Mental Health System, that are easily accessible, person and family centered, strength-based, recovery and wellness oriented, culturally competent and cost effective. The Sierra County Mental Health Advisory Board provides the voice of informed perspectives on planning, policies and procedures that impact the recovery, resiliency and rights of the persons served, along with family members. The Sierra County Mental Health Advisory Board involves and educates the residents of Sierra County.

Sierra County Human Services



Darden Bynum, LSCW
Director

L. Marsh explained Prudent Reserve is a rainy day fund that allows the Sierra County's Community Services and Supports component of the Mental Health Services Act to continue to offer services should Proposition 63 funds ever be underfunded in meeting Sierra County's service needs. The Prudent Reserve is a requirement under California's Welfare and Institutions Code. The transfer amount for the 2015/16 Fiscal Year is in the amount of \$196,954.

B. Kinkead moved to transfer \$196,954 to the Prudent Reserve Fund. S. Schlefstein seconded the motion. Motion carried.

5. Mental Health Plan Topics

- a. Old Business - None
- b. New Business - None

6. Cultural Competency

- a. Old Business - None
- c. New Business

i. Action Item: Calendar for FY 16/17

As Behavioral Health moves forward in billing Medi-Cal and meeting the Medi-Cal requirements, the Mental Health Advisory Board plays an important role as a platform where community members have a voice. It was decided that the Mental Health Advisory Board will meet on a quarterly basis and that a schedule of meetings will be posted on the Sierra County Website. A meeting will be held in July and one in October. Meeting dates in 2017 are yet to be determined.

B. Kinkead moved to have a meeting date in July and one for October 6, 2016. S. Schlefstein seconded the motion. Motion carried.

7. Public Comments and Reports

B. Kinkead reported there would be a 'Psych Week' featured as part of the Discovery Life Series on the Discovery Channel. She indicated the start date to be Monday, May 30th.

Sierra County Human Services



Darden Bynum, LCSW
Director

B. Kinkead also brought to the attention of the board members HR 2646 – Helping families in Mental Health Crisis Act.

Discussion centered on Behavioral Health being more fiscally transparent and the importance of following the Brown Act as the Advisory Board takes on a more formal role in the future. There was also discussion about how to file a grievance and if it is posted on the Website.

8. Adjourn Meeting

S. Schlefstein moved to adjourn the meeting at 10:00. B. Kinkead seconded. Motion carried.